

CURE CARDIOVASCULAR CONSULTANTS

CARDIOVERSION

Procedure: Cardioversion is a procedure designed to restore normal heart rhythm. Elective non-emergent cardioversion is performed by your physician and nursing staff. Heart irregularities, such as atrial fibrillation or atrial flutter, may be converted to a normal heart rhythm (normal sinus rhythm).

Before The Procedure:

- You will be asked to sign a consent form after your doctor has explained the procedure and the risks to you.
- Please do not eat or drink after midnight before the procedure.
- Staff will enter your room with an equipment cart and monitor.
- You will be connected to the monitor with pads placed on your chest and back.
- An intravenous catheter (IV catheter) will be placed in your hand or arm. The medicine given during the procedure will be given through this catheter.

During The Procedure:

- Oxygen will be given to you by face mask.
- After connecting you to a heart monitor, some medication will be given through your IV catheter. You may feel some burning in your arm and may briefly fall asleep. You may not remember the procedure.
- An electrical impulse is administered through the two pads placed on your chest and back. This impulse may restore your heart to a normal sinus rhythm.

After The Procedure:

- Some short term drowsiness may occur and you may notice some redness on your chest.
- The nursing staff monitors your vital signs until you are fully awake.
- You will be instructed when to take your medicines, eat, and get out of bed.
- Depending upon your overall condition you may go home later the same day.

If you have any questions or concerns before you test please feel free to call our staff at
(760) 323-2174.

Thank you for choosing Cure Cardiovascular Consultants!